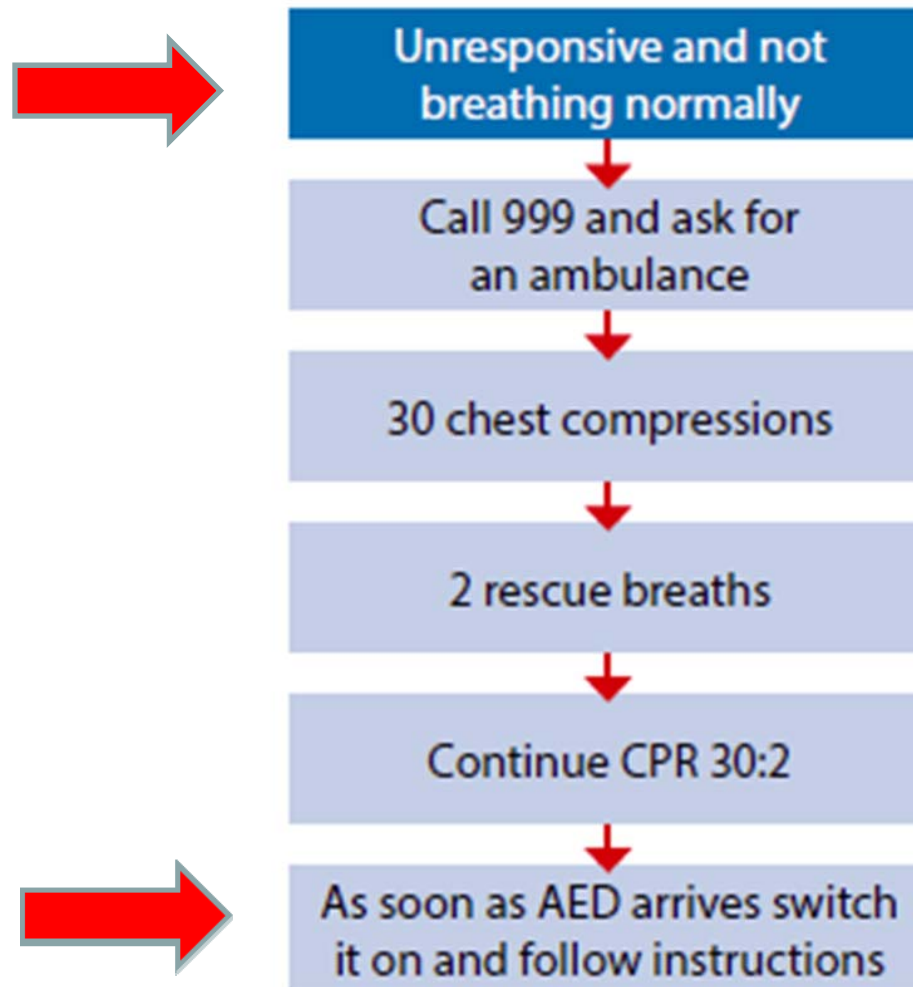




First Aid Instructor Updates

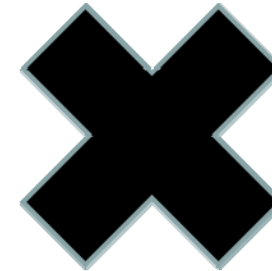


GUIDELINES 2015





“Shout for help”





Emergency Medical Dispatchers



- Loud speaker function
- Go, if necessary ..



Phone or VHF radio



- Or local arrangement ?



Send for AED .. use immediately





Seizure- like episodes

- Sign of cardiac arrest as brain deprived of oxygen
- Don't assume epilepsy
- Check for normal breathing ..





RYA

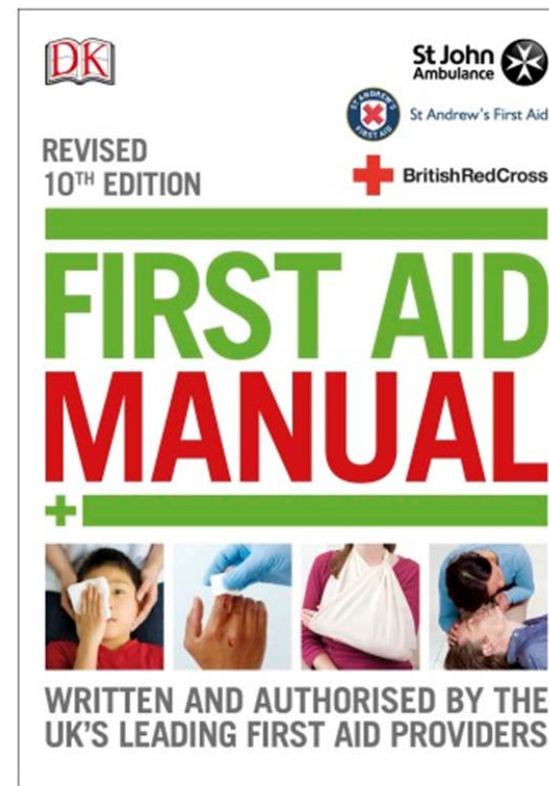


**EUROPEAN
RESUSCITATION
COUNCIL**



First Aid Manual

- July 7th
- More news later





ERC First Aid Guidelines .. not new in UK

- Recovery position
- Aspirin
- Bronchodilators
- Adrenaline auto-injector
- Glucose, or sugary food or drink
- Cool thermals burns
- ORS ..



Control of Bleeding

- Elevation
- Indirect pressure



- Direct pressure





Control of Catastrophic Bleeding





Hypovolemic Shock



- Transitory improvement



Leave to The Professionals

- Assessment of concussion

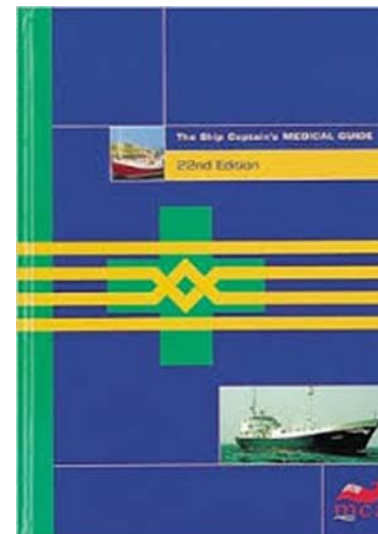
- Straightening of long bone fracture





What if ½ way across the Atlantic ?

Wrong course !



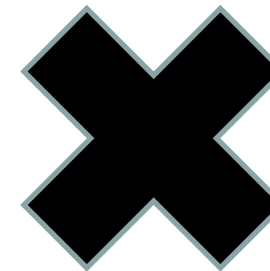
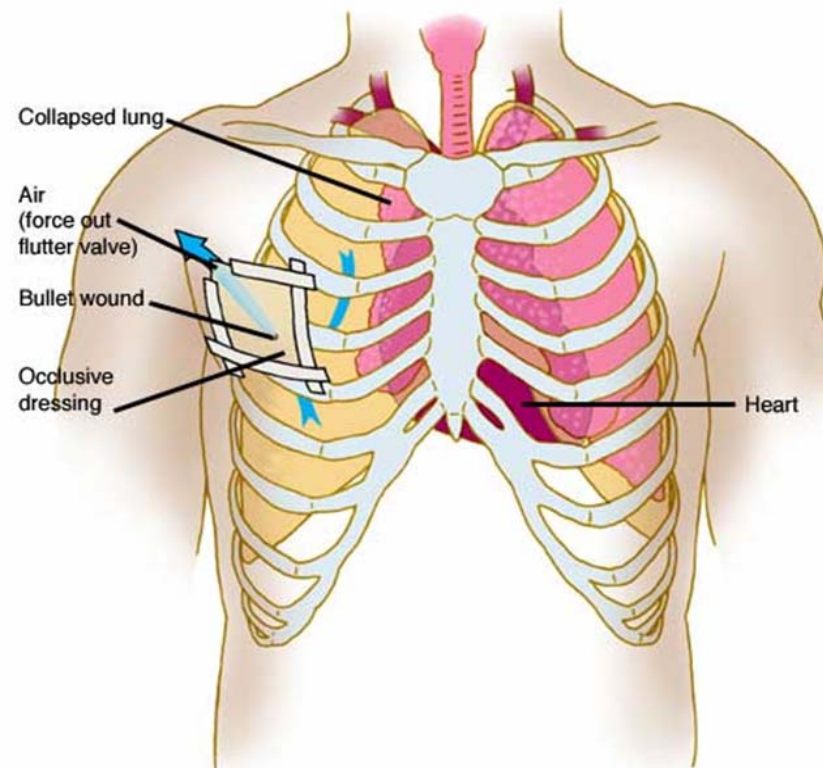
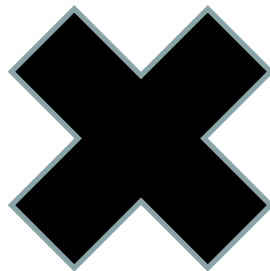


ERC First Aid Guidelines .. not in syllabus

- Oxygen
- Collars
- FAST
- Chemicals in the eye
- Lost tooth ..



Occlusive dressing .. pneumothorax risk





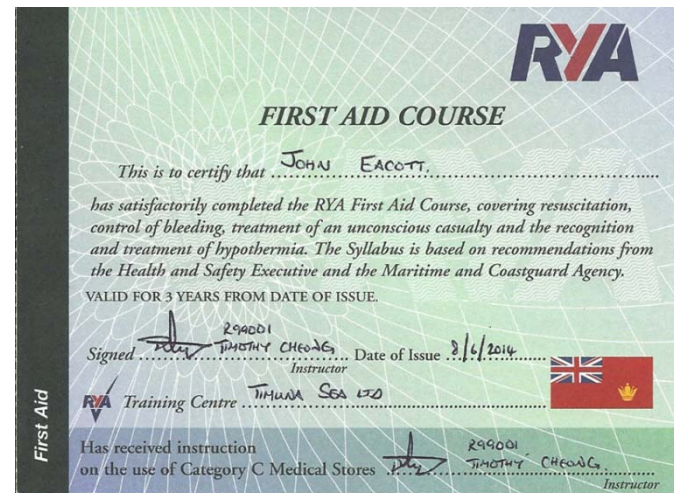
Chain of Survival





What's the name of the course ?

RYA Small Craft First Aid Course



RYA First Aid at Sea Course